



Preschool Room Sample Schedule

7:00-8:00	Arrive, rest, breakfast, quiet free play
8:00-8:15	Circle Time (interactive stories, sharing, group games)
8:15	Restroom
8:30-9:15	Structured learning using High Reach Learning
9:15-9:45	Preschool fitness (dancing, movement, balance, etc...)
9:45-10:15	Snack
10:15	Restroom
10:30	Outside Play (weather permitting)
11:00	Centers
11:30	Lunch
12:00	Restroom
12:15	Story time (focus on literacy)
12:45	Nap
2:00	Restroom/Quiet reading as children wake up
2:30	Snack
3:00	Manipulative play (blocks, sorters, stackers, puzzles)
3:30	Outside play (weather permitting)
4:00	Restroom
4:15	Story time (focus on numbers) with accompanying activity
5:00	Free exploration time w/ one-on-one play/crafts
5:30	Restroom
5:45-6:00	Time to leave

**Restrooms are always available as needed on an individual basis.